

# RING - CHOCOLATE AND HAZELNUT

Chocolate and hazelnut single-serving dessert



#### **AMERICAN BROWNIE**

#### INGREDIENTS

AMERICAN BROWNIE DOUBLE CHOCOLATE
EGGS
WATER
UNSALTED BUTTER 82% FAT - MELTED

#### PREPARATION

- g 500 Mix all the ingredients in a planetary mixer with leaf for 3-4 minutes.
- g 112 Pour the mixture in 1 cm high molds and bake at 170°C for 15 minutes.
  - Let them cool completely.

g 200

g 60

#### **CRUNCHY LAYER**

INGREDIENTS		PREPARATION
PRALIN DELICRISP CLASSIC	To Taste	Melt PRALIN DELICRISP CLASSIC at low temperature.

#### HAZELNUT CREMOUX

INGREDIENTS		PREPARATION
MILK 3.5% FAT	g 100	Heat milk and cream with sugar.
LIQUID CREAM 35% FAT	g 350	Add JOYPASTE NOCCIOLA PREMIUM and LILLY NEUTRO, then mix with a hand blender.
CASTER SUGAR	g 250	Put it in the fridge to crystallize.
LILLY NEUTRO	g 20	
JOYPASTE NOCCIOLA PREMIUM	g 350	



# DARK CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
MILK 3.5% FAT	g 125	Gently stir sugar with egg yolks.
LIQUID CREAM 35% FAT - (1)	g 125	Mix milk and cream (1) and bring them to a boil.
EGG YOLK	g 50	Pour 1/3 of it on the yolks and sugar mixture and mix.
CASTER SUGAR	g 25	Add the remaining milk/cream mixture and heat at 85°C. Continue stirring with a
SINFONIA CIOCCOLATO FONDENTE 68%	g 375	spatula to obtain a crème anglaise.
LIQUID CREAM 35% FAT - (2) SEMI-WHIPPED	g 450	Remove from heat and mix with a hand blender.
		Melt SINFONIA CIOCCOLATO FONDENTE 68% at 45°C and add it to the crème angalise
		previously cooled to 45°C and mix with a hand blender.

Once the mixture is 30°C, add in 2 or 3 times the half-whipped cream (2) stirring gentily.

### CHOCOLATE GLAZE

GREDIENTS		PREPARATION
MIRROR CIOCCOLATO	To Taste	Heat MIRROR CIOCCOLATO at 45°C.

## **FINAL COMPOSITION**

Cut a disc of brownie, spread the crunchy layer over its surface and place it on the bottom of the ring. Fill with a layer of hazelnut cremoux and a layer of dark chocolate mousse. Put it in the blast chiller.

Spread the chocolate glaze over the suface of the single-portion. Decorate with SPIRAL DARK and HAZELNUT SHELL DOBLA.





# RECIPE CREATED FOR YOU BY ORIOL PORTABELLA

PASTRY CHEF

