

# Green french croissant

#### **Croissant paste**

#### **INGREDIENTS PREPARATION** g 2500 DOLCE FORNO MAESTRO Use a mixer with double arm mixer. Mix all the ingredients for about 20 minutes until FRESH MILK - HIGH QUALITY g 1000 you get a smooth and velvety paste with SALT g 25 soft consistency. Form a dough and leave to stand for 40 minutes until the leavening g 15 JOYPASTE VANIGLIA MADAGASCAR/BOURBON starts, which will then be blocked by flattening YEAST g 120 the dough. Divide into two pastones and make a positive felling cycle to have a better result when bending. Peel the mash with a 1000g butter plate. Make a simple collection then give 1 fold to 3, then 1 fold at 4-rest for 20 minutes (keep the mixture at -5 / -7 ° C). Spread on the table and cut out triangles to roll up in the classic shape. Knock down the croissants in negative and use them as needed or place on baking sheet with baking paper, polish with egg yolk, milk and dextrose (300g-150g-20g) and let rise



for 5/6 hours at 24 ° C. Polish again and bake at 170 ° C and cook for about 17 minutes.

### **Colored paste**

INGREDIENTS		PREPARATION
WATER  TYPE 00 WHITE FLOUR	g 320 g 600	Mix the powders with water, butter and pistachio paste.  Put in nylon bags to rest in the fridge for 24 hours.
UNSALTED BUTTER 82% FAT	g 90	
	g 2	

# Step 3

### **INGREDIENTS**

BUTTER-PLATTE g 1000



## RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

PASTRY CHEF

