

(CHOCOLATE MOUSSE)³

DARK CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
MOUSSE CHOCOLATE DARK	g 200	Whip all the ingredients in a planetary mixer with a whisk attachment, at high speed for
MILK 3.5% FAT	g 250	5 minutes.
		Refrigerate for 2 hours.

MILK CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
MOUSSE CHOCOLATE DARK	g 100	Whip all the ingredients in a planetary mixer with a whisk attachment, at high speed for
MOUSSE CHOCOLATE WHITE	g 100	5 minutes.
MILK 3.5% FAT	g 250	Refrigerate for 2 hours.

WHITE CHOCOLATE MOUSSE

INGREDIENTS		PREPARATION
MOUSSE CHOCOLATE WHITE	g 200	Whip all the ingredients in a planetary mixer with a whisk attachment, at high speed for
MILK 3.5% FAT	g 250	5 minutes.
		Refrigerate for 2 hourse.



MANGO JELLY

INGREDIENTS	PREPARATION	
FRUTTIDOR MANGO	g 400 Mix all the ingredients with an immersion bl	ender.
WATER	g 100 Strain the mizture into a silicon mould for in	serts and freeze.
LILLY NEUTRO	a 100	

FINAL COMPOSITION

Place the unfrozen mango jelly in the center of a dinner plate, together with a quenelle for each type of mousse.

Guarnish with raspberries and edible flowers.



RECIPE CREATED FOR YOU BY **FABIO BIRONDI**

CHEF EXECUTIVE, PASTRY CHEF AND CHOCOLATIER

