

SICILY

MODERN TART

DIFFICULTY LEVEL B B







HAZELNUT CRUMBLE

INGREDIENTS		PREPARATION
TOP FROLLA	g 1000	Mix all the ingredients in a planetary mixer to obtain a crumble.
UNSALTED BUTTER 82% FAT	g 350	Evenly spread into a steel ring and bake at 180 C° until golden-brown, then let cool
SUGAR	g 120	down.
EGGS	g 150	
FARINA DI NOCCIOLE	g 200	

CREME ANGLAISE FOR CREMEUX

INGREDIENTS		PREPARATION
LIQUID CREAM 35% FAT	g 100	Bring milk and cream to boil in the microwave or in a pot on the stove, meanwhile, beat
MILK 3.5% FAT	g 100	the egg yolks with sugar and JOYPASTE in a separate bowl.
EGG YOLK	g 40	When boiling, combine the two mixture.
SUGAR	g 10	Continue to cook, stirring from time to time, until the creme reaches the 82°C.



APRICOT CREMEUX

INGREDIENTS		PREPARATION
RENO CONCERTO BIANCO 31,50% - MELTED AT 45°C	g 150	Pour all the ingredients, together with the creme anglaise, into a high and tight container
LILLY NEUTRO	g 20	and emulsify with an immersion blender.
FRUTTIDOR ALBICOCCA - BLENDED AND HEATED TO 40°C	g 300	Fill the silicone moulds for inserts and freeze.
		Cover the remaining creme with the cling film and store it in the fridge.

PISTACHIO MOUSSE

INGREDIENTS		PREPARATION
LILLY NEUTRO	g 200	In a planetary mixer with the whisk attachment, slightly whip and stabilize the cream
JOYPASTE PISTACCHIO SICILIA	g 150	with LILLY and water.
WATER	g 200	Combine to the flavouring paste to create a soft mousse.
LIQUID CREAM 35% FAT	g 1000	

FINAL COMPOSITION

Half-fill the silicone mould with the pistachio mousse.

Place the cremeux insert and cover with a veil of mousse.

Put in the blast chiller until frozen.

Remove the frozen dessert from the mould and cover it with green cocoa butter velvet-effect spray.

Place onto the disc of crumble.

Whip the remaining apricot creme, transfer into a pastry bag and pipe some small puffs onto the top.

Decorate as you like most.





RECIPE CREATED FOR YOU BY **FEDERICO VEDANI**

CHOCOLATIER AND PASTRY CHEF

