

Puffed rose-shaped roll

First dough

INGREDIENTS		PREPARATION
STRONG FLOUR	Kg 10	Knead all the ingredients and leave to rest for 16-20 hours at room temperature (20-22 $^{\circ}\text{C}$).
WATER	g 4800	
FRESH YEAST	g 100	

First dough

INGREDIENTS		PREPARATION
STRONG FLOUR	Kg 3	Knead all the ingredients and leave to rest for 16-20 hours at room temperature (20-22 $^{\circ}\text{C}$).
WATER	Kg 2	
YORK	g 200	
SALT	g 250	

