



## Quiche with vegetables

### Step 1

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#### INGREDIENTS

WATER	g 250
	g 500
SALT	q.b.

#### PREPARATION

Add SPEEDY SNACK to the water and mix with a whisk until you obtain a thick and homogeneous cream. Incorporate the obtained cream to the other ingredients.

### Step 2

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#### INGREDIENTS

FLOUR	g 1.000
UNSALTED BUTTER 82% FAT	g 600-700
WATER	g 250-300
SALT	g 20
EGG YOLKS	g 60

#### PREPARATION

Add SPEEDY SNACK to the water and mix with a whisk until you obtain a thick and homogeneous cream. Incorporate the obtained cream to the other ingredients.