

PUFF PASTRY (MARGARINE SHEETS)

LAMINATED DOUGHS

DIFFICULTY LEVEL B B







DOUGH

INGREDIENTS		PREPARATION
STRONG FLOUR - 300-320W	g 1.000	Knead together flour, water and salt for 5-10 minutes to reach a smooth structure.

WATER g 500-550 Let in rest for about 10 minutes. SALT g 15

LAMINATION

INGREDIENTS PREPARATION

g 1000 Make a 3-layer fold and a 4-layer fold and let it rest in the fridge. MARBUR CROISSANT 20%

> Then repeat the 3-layer and 4-layer fold and let it rest again in the fridge well covered with plastic sheet.

FINAL COMPOSITION

Roll out the pastry to a final thickness of 2-4 cm approx.

Cut with the desired shape and let rest on baking pans before placing in the oven.

