

CHOCOLATE & CREAM BAVAROISE

SOFT CAKE WITH CREAM AND CHOCOLATE

DIFFICULTY LEVEL B B







SPONGE CAKE

INGREDIENTS		PREPARATION
IRCA GENOISE g	g 500	Whip all the ingredients in a planetary mixer with the whisk attachment for 10-12
EGGS	g 350	minutes at medium-high speed.
WATER	g 50	Grease and flour the baking trays, then cast the batter in.
		Bake at 170-190°C for 25-30 minutes in a deck oven.

UNFLAVOURED BAVAROISE

INGREDIENTS		PREPARATION
	g 200	Whip cream, milk and LILLY NEUTRO in a planetary mixer with the whisk attachment.
LIQUID CREAM 35% FAT	g 300	Gently combine the custard to the whipped mixture.
LILLY NEUTRO	g 100	
MILK 3.5% FAT	g 100	



CHOCOLATE BAVAROISE

INGREDIENTS		PREPARATION
	g 200	Whip cream, milk and LILLY NEUTRO in a planetary mixer with the whisk attachment.
LIQUID CREAM 35% FAT	g 300	Gently combine the custard to the whipped mixture.
MILK 3.5% FAT	g 100	Slightly heat IRCA CHOC and combine it to a small part of the whipped mixture by
LILLY NEUTRO	g 80	mixing with a whisk.
IRCA CHOC	g 60-80	Add the chocolate mixture you just made to the remaining whipped mixture and
		combine by stirring carefully.

FINAL COMPOSITION

Line a steel ring with an acetate collar, then lay a 1cm thick disc of sponge cake at the bottom of it.

Pipe a first layer of chocolate bavaroise, then pipe a layer of unflavoured bavaroise and smooth the surface out with a spatula.

Reserve in the freezer for 2 hours at least.

