

Light puff pastry

Friable and light puff pastry

DIFFICULTY LEVEL B B







BATTER

INGREDIENTS		PREPARATION
TYPE 00 WHITE FLOUR - (300-320W)	g 1.800	Knead all the ingredients in a planetary mixer with the dough hook until a smooth,
WATER	g 900-1.000	velvety dough is obtained.
SALT	g 30-40	Leave it to rest covered in plastic wrap for about 15 minutes in the fridge.

DOUGH

INGREDIENTS		PREPARATION
MARBUR CAKE 20%	g 2.000	Knead the MARBUR CAKE with the flour in a planetary mixer with the leaf untill
TYPE 00 WHITE FLOUR - 300-320W	g 200	the dough is smooth without clots.
		Let it rest on pans with oven resistant paper in the fridge.

FINAL COMPOSITION

Stir gently the batter in the dough and make a three-layer fold and without leaving to rest, roll out the pastry again and make a four-layer fold.

Leave it to rest in the fridge (4-5°C) for at least 30 minutes.

Repeat again to make 2 three-layer folds and 2 four-layer folds.

Leave it to rest at least 1 hour before using it.



AMBASSADOR'S TIPS

You can replace MARBUR CAKE with <u>KASTLE CREMA</u> and follow the same recipe.

