

GASTRONOMIC PANETTONE WITH SOFT BREAD

Step 1

INGREDIENTS

SOFT BREAD 50%	Kg 5
DURUM WHEAT	Kg 5
WATER	Kg 5
SUNFLOWER OIL	g 500
SALT	g 25
FRESH YEAST	g 250

PREPARATION

Kg 5	Times and temperatures
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Temperature of the dough at 26-27°C

- Knead time (spiral mixer) 13 minutes
- g 500 Resting for 5 minutes at 22-24°C
- ^{g 25} Proofing for 60 minutes at 28-30°C
- g 250 Baking at 180-190°C for 25-45 minutes.

DOUGH: knead for 3 minutes on first speed and for 9-10 minutes on second speed.

Specified times are for spiral mixers, knead until you obtain a smooth and elastic dough.

RESTING: let it rest at 22-24°C for 5 minutes.

SCALING: divide the dough into 400 grams pieces for 500 grams moulds or into 800 grams pieces for 1 kg moulds.

SHAPING: roll the pieces in a round shape without forcing the dough. Place the pieces in the paper moulds with the closure on the bottom and press them well.

PROOFING: place in the proofer at 28-30°C with relative humidity of 75-80% for about 60 minutes until the dough reaches the top of the mould.

BAKING: bake at 180-190°C for about 25 minutes for 400 grams panettoni and 45 minutes for 800 grams panettoni.



FINAL COMPOSITION

The product can be packed in polythene bags as soon as it reaches a core temperature lower than 25°C. If cool stored, the product can last up to 7-10 days.



RECIPE CREATED FOR YOU BY MARCO DE GRADA

PASTRY CHEF, CHOCOLATIER AND BAKER

