

# MINI CYLINDER - CARAMEL DARK

Chocolate and caramel single-serve dessert

DIFFICULTY LEVEL B B







#### **AMERICAN BROWNIE**

INGREDIENTS		PREPARATION
AMERICAN BROWNIE DOUBLE CHOCOLATE	g 500	Mix all the ingredients in a planetary mixer with leaf for 3-4 minutes.
EGGS	g 112	Pour the mixture in 1 cm high molds and bake at 170°C for 15 minutes.
WATER	g 60	Let them cool completely.
UNSALTED BUTTER 82% FAT - MELTED	g 200	

### **CRUNCHY LAYER**

INGREDIENTS		PREPARATION
PRALIN DELICRISP CARAMEL FLEUR DE SEL	To Taste	Melt PRALIN DELICRISP CARAMEL FLEUR DE SEL at low temperature.

### **CARAMEL CREAM**

### **INGREDIENTS**

To Taste TOFFEE D'OR CARAMEL

#### **MILK CHOCOLATE MOUSSE**

**INGREDIENTS PREPARATION** Gently stir sugar with egg yolks. FRESH FULL-FAT MILK (3,5% FAT) g 125



LIQUID CREAM 35% FAT	g 125	Mix milk and cream (1) and bring them to a boil.
EGG YOLK	g 50	Pour 1/3 of it on the yolks and sugar mixture and mix.
CASTER SUGAR	g 25	Add the remaining milk/cream mixture and heat at 85°C. Continue stirring with a
LILLY NEUTRO	g 15	spatula to obtain a crème anglaise.
SINFONIA CIOCCOLATO LATTE 38%	g 455	Remove from heat, add LILLY NEUTRO and mix with a hand blender.
LIQUID CREAM 35% FAT	g 450	Melt SINFONIA CIOCCOLATO LATTE 38% at 45°C and add it to the crème angalise
		previously cooled to 45°C and mix with a hand blender.
		Once the mixture is 30°C, add in 2 or 3 times the half-whipped cream (2) stirring gentily.

### **DECORATION**

## **INGREDIENTS**

CRUNCHY BEADS DARK

CRUNCHY BEADS WHITE

To Taste

## **FINAL COMPOSITION**

Cut a disc of brownie, spread the crunchy layer over its surface and place it on the bottom of the DOBLA MINI CYLINDER WHITE/DARK. Fill with a layer of caramel cream and a layer of milk chocolate mousse.

Decorate the top with CRUNCHY BEADS DARK and CRUNCHY BEADS WHITE



RECIPE CREATED FOR YOU BY ORIOL PORTABELLA

PASTRY CHEF



