



FRUIT ICE CREAM WITH JOYBASE SUPERFRUTTA 50

Recipe to make a fruit ice-cream

DIFFICULTY LEVEL



FRUIT ICE CREAM WITH JOYPASTE

INGREDIENTS

WATER

SUGAR

JOYBASE SUPERFRUTTA 50

JOYPASTE IN THE CHOSEN FRUIT

g 1000

g 270

g 50-60

g 100

PREPARATION

Dry mix JOYBASE SUPERFRUTTA 50 and sugar.

Add all other ingredients and mix them with an immersion blender.

Let the mixture rest for about 15 minutes and then whisk.

Step 2

PREPARATION

TO MAKE YOUR FRUIT ICE CREAMS

You can make your fruit ice creams using:

- only our JOYPASTE (without using any fruit) as shown in this recipe
- our JOYPASTE with fruit pulp or puree
- only fruit, pulp or puree

Download the PDF of the recipe where you will find ingredients and balancing to make fruit ice creams for all tastes.

Discover our range of [flavouring pastes JOYPASTE](#)

AMBASSADOR'S TIPS

To subtract the same amount of sugar in the recipe, use fruit purée only with 10% of sugar.

Fruit ice-creams with Joybase Superfrutta 50 - Recipe with JOYPASTE

| Fruit | Water | Milk | Sugar | JoyBase Superfrutta 50 | Joypaste | Lemon juice | Joyplus Prosoft | TOTAL WEIGHT |
|-------------------|-------|------|-------|---------------------------|----------|-------------|--------------------|-----------------|
| Apricot | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Sour cherry | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Pineapple | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Watermelon | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Orange | 1000 | 0 | 270 | 60 | 100 | 0 | 0 | 1430 |
| Sicily red orange | 1000 | 0 | 270 | 60 | 100 | 0 | 0 | 1430 |
| Banana | 500 | 500 | 240 | 50 | 100 | 10 | 0 | 1400 |
| Blackcurrant | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Strawberry | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Wildberries | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Kiwi | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Raspberry | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Lime | 1000 | 0 | 270 | 60 | 100 | 0 | 0 | 1430 |
| Lemon | 1000 | 0 | 270 | 60 | 100 | 0 | 0 | 1430 |
| Tangerine | 1000 | 0 | 270 | 60 | 100 | 0 | 0 | 1430 |
| Mango | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Green apple | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Melon | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Blueberry | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Blackberry | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Passion Fruit | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Pear | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Peach | 1000 | 0 | 270 | 50 | 100 | 0 | 0 | 1420 |
| Pink grapefruit | 1000 | 0 | 270 | 60 | 100 | 0 | 0 | 1430 |

Fruit ice-creams with Joybase Superfrutta 50 - Recipe with JOYPASTE and fresh fruit

| Fruit | Fresh fruit | Water | Milk | Sugar | JoyBase Superfrutta 50 | Joyplus Prosoft | Joypaste | Lemon juice | TOTAL WEIGHT |
|-------------------|-------------|-------|------|-------|------------------------|-----------------|----------|-------------|--------------|
| Apricot | 400 | 600 | 0 | 235 | 50 | 0 | 50 | 5 | 1340 |
| Sour cherry | 400 | 600 | 0 | 250 | 50 | 0 | 50 | 0 | 1350 |
| Pineapple | 400 | 600 | 0 | 225 | 50 | 0 | 50 | 5 | 1330 |
| Watermelon | 1000 | 0 | 0 | 230 | 50 | 0 | 50 | 0 | 1330 |
| Orange | 500 | 500 | 0 | 220 | 55-60 | 0 | 50 | 5 | 1275 |
| Sicily red orange | 500 | 500 | 0 | 220 | 55-60 | 0 | 50 | 5 | 1275 |
| Banana | 400 | 400 | 200 | 210 | 50 | 0 | 50 | 10 | 1320 |
| Blackcurrant | 400 | 600 | 0 | 245 | 50 | 0 | 50 | 5 | 1350 |
| Strawberry | 400 | 600 | 0 | 245 | 50 | 0 | 50 | 5 | 1350 |
| Wildberries | 400 | 600 | 0 | 245 | 50 | 0 | 50 | 5 | 1350 |
| Kiwi | 400 | 600 | 0 | 240 | 50 | 0 | 50 | 5 | 1345 |
| Raspberry | 400 | 600 | 0 | 240 | 50 | 0 | 50 | 5 | 1345 |
| Lime | 200 | 800 | 0 | 275 | 55-60 | 0 | 50 | 0 | 1325 |
| Lemon | 200 | 800 | 0 | 275 | 55-60 | 0 | 50 | 0 | 1325 |
| Tangerine | 500 | 500 | 0 | 205 | 55-60 | 0 | 50 | 5 | 1260 |
| Mango | 400 | 600 | 0 | 220 | 50 | 0 | 50 | 5 | 1325 |
| Green apple | 400 | 600 | 0 | 285 | 50-55 | 0 | 50 | 10 | 1345 |
| Melon | 400 | 600 | 0 | 230 | 50 | 0 | 50 | 5 | 1335 |
| Blueberry | 400 | 600 | 0 | 250 | 50 | 0 | 50 | 5 | 1355 |
| Blackberry | 400 | 500 | 0 | 250 | 50 | 0 | 50 | 5 | 1255 |
| Passion Fruit | 400 | 600 | 0 | 240 | 50 | 0 | 50 | 0 | 1340 |
| Pear | 400 | 600 | 0 | 235 | 50 | 0 | 50 | 10 | 1345 |
| Peach | 400 | 600 | 0 | 250 | 50 | 0 | 50 | 5 | 1355 |
| Pink grapefruit | 500 | 500 | 0 | 230 | 50-55 | 0 | 50 | 5 | 1285 |

Fruit ice-creams with Joybase Superfrutta 50 - Recipe with only fresh fruit

| Fruit | Fresh fruit | Water | Milk | Sugar | JoyBase Superfrutta 50 | Joyplus Prosoft | Lemon juice | TOTAL WEIGHT |
|-------------------|-------------|-------|------|-------|------------------------|-----------------|-------------|--------------|
| Apricot | 500 | 500 | 0 | 240 | 50 | 0 | 5 | 1295 |
| Sour cherry | 550 | 450 | 0 | 250 | 50 | 0 | 5 | 1305 |
| Pineapple | 500 | 500 | 0 | 235 | 50 | 0 | 5 | 1290 |
| Watermelon | 1000 | 0 | 0 | 240 | 55 | 0 | 0 | 1295 |
| Orange | 600 | 400 | 0 | 240 | 55 | 0 | 10 | 1305 |
| Sicily red orange | 600 | 400 | 0 | 240 | 55 | 0 | 10 | 1305 |
| Banana | 500 | 300 | 200 | 220 | 50 | 0 | 15 | 1285 |
| Blackcurrant | 550 | 450 | 0 | 250 | 50 | 0 | 5 | 1305 |
| Strawberry | 550 | 450 | 0 | 250 | 50 | 0 | 5 | 1305 |
| Wildberries | 500 | 500 | 0 | 250 | 50 | 0 | 10 | 1310 |
| Kiwi | 550 | 450 | 0 | 250 | 50 | 0 | 5 | 1305 |
| Raspberry | 500 | 500 | 0 | 250 | 50 | 0 | 10 | 1310 |
| Lime | 300 | 700 | 0 | 290 | 55-60 | 0 | 0 | 1290 |
| Lemon | 300 | 700 | 0 | 290 | 55-60 | 0 | 0 | 1290 |
| Tangerine | 600 | 400 | 0 | 230 | 55-60 | 0 | 10 | 1240 |
| Mango | 500 | 500 | 0 | 220 | 50 | 0 | 5 | 1275 |
| Green apple | 600 | 400 | 0 | 295 | 55 | 0 | 10 | 1360 |
| Melon | 650 | 350 | 0 | 220 | 50 | 0 | 5 | 1275 |
| Blueberry | 500 | 500 | 0 | 250 | 50 | 0 | 10 | 1310 |
| Blackberry | 500 | 500 | 0 | 250 | 50 | 0 | 10 | 1310 |
| Passion Fruit | 550 | 450 | 0 | 245 | 50 | 0 | 0 | 1295 |
| Pear | 550 | 450 | 0 | 240 | 50 | 0 | 10 | 1300 |
| Peach | 550 | 450 | 0 | 240 | 50 | 0 | 5 | 1295 |
| Pink grapefruit | 600 | 400 | 0 | 240 | 55-60 | 0 | 10 | 1250 |