

FRUIT ICE CREAM WITH JOYLIFE FRUTTANATURA 50 VEGAN

Recipe to make a fruit ice-cream

FRUIT ICE CREAM WITH JOYPASTE

| INGREDIENTS | | PREPARATION |
|-------------------------------|---------|---|
| WATER | g 1000 | Dry mix JOYLIFE FRUTTANATURA 50 VEGAN and sugar. |
| SUGAR | g 270 | Add all other ingredients and mix them with an immersion blender. |
| JOYLIFE FRUTTANATURA 50 VEGAN | g 50-60 | Let the mixture rest for about 15 minutes and then whisk. |
| JOYPASTE IN THE CHOSEN FRUIT | g 100 | |
| JOYPLUS PROSOFT | g 45-50 | |
| | | |

Step 2

PREPARATION

TO MAKE YOUR FRUIT ICE CREAMS

You can make your fruit ice creams using:

- only our JOYPASTE (without using any fruit) as shown in this recipe
- our JOYPASTEwith fruit pulp or puree
- only fruit, pulp or puree

Download the PDF of the recipe where you will find ingredients and balancing to make fruit ice creams for all tastes.

Discover our range of **flavouring pastes JOYPASTE**



AMBASSADOR'S TIPS To subtract the same amount of sugar in the recipe, use fruit purée only with 10% of sugar.



Fruit ice-creams with Joylife Fruttanatura 50 Vegan - Recipe with JOYPASTE

| Fruit | Water | Milk | Sugar | Joylife Fruttanatura 50 Vegan | Joypaste | Lemon juice | Joyplus Prosoft | TOTAL WEIGHT |
|-------------------|-------|------|-------|-------------------------------------|----------|----------------|--------------------|-----------------|
| Apricot | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Sour cherry | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Pineapple | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Watemelon | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Orange | 1000 | 0 | 270 | 60 | 100 | 0 | 45 | 1475 |
| Sicily red orange | 1000 | 0 | 270 | 60 | 100 | 0 | 45 | 1475 |
| Banana | 0 | 1000 | 230 | 50 | 100 | 10 | 20 | 1410 |
| Blackcurrant | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Strawberry | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Wildberries | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Kiwi | 1000 | 0 | 270 | 50 | 100 | 0 | 45 | 1465 |
| Raspberry | 1000 | 0 | 270 | 50 | 100 | 0 | 45 | 1465 |
| Lime | 1000 | 0 | 270 | 60 | 100 | 0 | 50 | 1480 |
| Lemon | 1000 | 0 | 270 | 60 | 100 | 0 | 50 | 1480 |
| Tangerine | 1000 | 0 | 270 | 60 | 100 | 0 | 45 | 1475 |
| Mango | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Green apple | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Melon | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Blueberry | 1000 | 0 | 270 | 50 | 100 | 0 | 45 | 1465 |
| Blackberry | 1000 | 0 | 270 | 50 | 100 | 0 | 45 | 1465 |
| Passion Fruit | 1000 | 0 | 270 | 50 | 100 | 0 | 45 | 1465 |
| Pear | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Peach | 1000 | 0 | 270 | 50 | 100 | 0 | 50 | 1470 |
| Pink grapefruit | 1000 | 0 | 270 | 60 | 100 | 0 | 50 | 1480 |



Fruit ice-creams with Joylife Fruttanatura 50 Vegan Recipe with JOYPASTE and fresh fruit

| Fruit | Fresh fruit | Water | Milk | Sugar | Joylife Fruttanatura 50 Vegan | Joyplus Prosoft | Joypaste | Lemon juice | TOTAL WEIGHT |
|-------------------|-------------|-------|------|-------|-------------------------------------|--------------------|----------|-------------|-----------------|
| Apricot | 400 | 600 | 0 | 250 | 50 | 40 | 50 | 5 | 1395 |
| Sour cherry | 400 | 600 | 0 | 260 | 50 | 45 | 50 | 0 | 1405 |
| Pineapple | 400 | 600 | 0 | 240 | 50 | 40 | 50 | 0 | 1380 |
| Watemelon | 1000 | 0 | 0 | 240 | 50 | 45 | 50 | 0 | 1385 |
| Orange | 550 | 450 | 0 | 230 | 60 | 45 | 50 | 5 | 1390 |
| Sicily red orange | 550 | 450 | 0 | 230 | 60 | 45 | 50 | 5 | 1390 |
| Banana | 400 | 300 | 200 | 200 | 50 | 35 | 50 | 10 | 1245 |
| Blackcurrant | 400 | 600 | 0 | 270 | 50 | 50 | 50 | 5 | 1425 |
| Strawberry | 400 | 600 | 0 | 250 | 50 | 45 | 50 | 5 | 1400 |
| Wildberries | 400 | 600 | 0 | 250 | 50 | 45 | 50 | 5 | 1400 |
| Kiwi | 400 | 600 | 0 | 250 | 50 | 45 | 50 | 0 | 1395 |
| Raspberry | 400 | 600 | 0 | 245 | 50 | 40 | 50 | 5 | 1390 |
| Lime | 300 | 700 | 0 | 290 | 60 | 45 | 50 | 0 | 1445 |
| Lemon | 300 | 700 | 0 | 290 | 60 | 45 | 50 | 0 | 1445 |
| Tangerine | 550 | 450 | 0 | 230 | 60 | 40 | 50 | 5 | 1385 |
| Mango | 400 | 600 | 0 | 235 | 50 | 40 | 50 | 5 | 1380 |
| Green apple | 400 | 600 | 0 | 290 | 50 | 50 | 50 | 10 | 1450 |
| Melon | 400 | 600 | 0 | 240 | 50 | 45 | 50 | 0 | 1385 |
| Blueberry | 400 | 600 | 0 | 250 | 50 | 50 | 50 | 5 | 1405 |
| Blackberry | 400 | 500 | 0 | 250 | 50 | 50 | 50 | 5 | 1305 |
| Passion Fruit | 400 | 600 | 0 | 250 | 50 | 45 | 50 | 0 | 1395 |
| Pear | 400 | 600 | 0 | 240 | 50 | 45 | 50 | 10 | 1395 |
| Peach | 400 | 600 | 0 | 250 | 50 | 50 | 50 | 5 | 1405 |
| Pink grapefruit | 550 | 450 | 0 | 245 | 50 | 45 | 50 | 5 | 1395 |



Fruit ice-creams with Joylife Fruttanatura 50 Vegan - Recipe with only fresh fruit

| Fruit | Fresh fruit | Water | Milk | Sugar | Joylife Fruttanatura 50 Vegan | Joyplus Prosoft | Lemon juice | TOTAL WEIGHT |
|-------------------|-------------|-------|------|-------|-------------------------------------|--------------------|-------------|-----------------|
| Apricot | 550 | 450 | 0 | 250 | 50 | 40 | 5 | 1345 |
| Sour cherry | 500 | 500 | 0 | 200 | 50 | 25 | 5 | 1280 |
| Pineapple | 550 | 450 | 0 | 230 | 50 | 40 | 5 | 1325 |
| Watemelon | 1000 | 0 | 0 | 270 | 50 | 40 | 5 | 1365 |
| Orange | 600 | 400 | 0 | 260 | 60 | 40 | 10 | 1370 |
| Sicily red orange | 600 | 400 | 0 | 260 | 60 | 40 | 10 | 1370 |
| Banana | 500 | 300 | 200 | 220 | 50 | 35 | 10 | 1315 |
| Blackcurrant | 500 | 500 | 0 | 275 | 50 | 45 | 10 | 1380 |
| Strawberry | 550 | 450 | 0 | 260 | 50 | 45 | 10 | 1365 |
| Wildberries | 500 | 500 | 0 | 260 | 50 | 45 | 10 | 1365 |
| Kiwi | 550 | 450 | 0 | 265 | 50 | 40 | 5 | 1360 |
| Raspberry | 500 | 500 | 0 | 260 | 50 | 35 | 10 | 1355 |
| Lime | 300 | 700 | 0 | 310 | 60 | 45 | 0 | 1415 |
| Lemon | 300 | 700 | 0 | 310 | 60 | 45 | 0 | 1415 |
| Tangerine | 550 | 450 | 0 | 255 | 60 | 40 | 10 | 1365 |
| Mango | 500 | 500 | 0 | 240 | 50 | 35 | 5 | 1330 |
| Green apple | 550 | 450 | 0 | 295 | 50 | 60 | 10 | 1415 |
| Melon | 650 | 350 | 0 | 240 | 50 | 35 | 5 | 1330 |
| Blueberry | 500 | 500 | 0 | 270 | 50 | 45 | 10 | 1375 |
| Blackberry | 500 | 500 | 0 | 280 | 50 | 40 | 10 | 1380 |
| Passion Fruit | 550 | 450 | 0 | 260 | 50 | 40 | 0 | 1350 |
| Pear | 550 | 450 | 0 | 250 | 50 | 40 | 10 | 1350 |
| Peach | 550 | 450 | 0 | 270 | 50 | 45 | 10 | 1375 |
| Pink grapefruit | 600 | 400 | 0 | 260 | 60 | 45 | 10 | 1375 |

