

EXOTIC SAVARIN

Leavened single portion

DIFFICULTY LEVEL







SAVARIN

INGREDIENTS		PREPARATION
DOLCE FORNO	g 500	In a planetary mixer, using a leaf beater, knead DOLCE FORNO, flour, yeast, salt and 350
TYPE 00 STRONG FLOUR	g 100	gr of cold eggs.
YEAST	g 15	When the dough begins to take shape add the remaining eggs gradually to obtain a fine
SALT	g 12,5	glutinic net.
UNSALTED BUTTER 82% FAT	g 150	Add the soft butter in 2/3 times and knead until it is completely absorbed.
EGGS	g 525	Cover the bowl with plastic wrap and place it in a proofer room at 24/26°C to duplicate
		its volume.
		Knead again for few minutes.
		Using a pastry bag, half-fill the mold and let it rest at 28/30°C until the leavened dough
		reaches the top of the mold.
		Bake at 160/165°C, fan oven, for 12/15 minutes.

WHIPPED CHOCOLATE GANACHE

INGREDIENTS		PREPARATION
LIQUID CREAM 35% FAT - 1	g 80	Bring the cream (1) to a boil.
RENO CONCERTO LACTEE CARAMEL	g 120	Pour the ream on RENO CONCERTO LACTEE CARAMEL and emulsify.
LIQUID CREAM 35% FAT - 2	g 200	Pour in gently the cold cream (2) and emulsify.
		Cover with a plastic wrap and place it in a refrigerator for at least 4 hours.



MANGO FILLING

INGREDIENTS

FRUTTIDOR MANGO To Taste

EXOTIC SYRUP

INGREDIENTS		PREPARATION
WATER	g 250	Bring to a boil the water with the sugar.
CASTER SUGAR	g 250	Once the mixture reaches 45-50°C add the fruit purèe and mix.
MANGO PURÉE	g 150	
PASSION FRUIT PURÉE	g 100	

GELATINE

INGREDIENTS

MIRAGEL SPRAY NEUTRO

FINAL COMPOSITION

Soak the savarin into the exotic syrup previously heated at 65-70°C for 30-45 minutes

Gently squeeze out any excess syrup and then transfer them to a griddle to remove the excess syrup.

Cover the savarin with MIRAGEL SPRAY.

Fill the center of the savarin with some FRUTTIDOR MANGO.

Using a pastry bag pipe spread over the FRUTTIDOR some chocolate whipped ganache

Spread over the ganache a grated tonka bean and decorate using MINI ELEGANCE MILK DOBLA.





RECIPE CREATED FOR YOU BY MATTEO REGHENZANI

PASTRY CHEF

