

CROISSAN WITH CRUNCHY FILLING - Tropical

CROISSANT DOUGH

INGREDIENTS		PREPARATION
DOLCE FORNO MAESTRO	g 3000	Use a double arm mixer.
WATER	g 400	Knead all the ingredients (except for the softened butter and the butter-platte) for
MILK 3.5% FAT	g 300	about 20 minutes.
EGGS	g 450	Add softened butter and knead until obtaining a soft and velvet smooth dough.
SALT	g 30	Let the dough rest for 20 minutes, to let it start leaven and then place it in the blast
YEAST	g 120	chiller to have a better result during the folding.
JOYPASTE VANIGLIA MADAGASCAR/BOURBON	g 15	Laminate the dough with 1 kg of butter-platte, then make a 3-layer fold, then roll out
UNSALTED BUTTER 82% FAT - SOFT	g 300	again and make another 4-layer fold.
BUTTER-PLATTE	g 1000	Let the laminated dough rest in the fridge for 20 minutes, then cut it into triangles and roll them up to create the croissant. Place them onto trays and store into the proofer room for 5-6 hours at 26°C with relative humidity of 70%.
		Bake at 170-190°C for 15-18 minutes.

MANGO CREAM

INGREDIENTS		PREPARATION	
EGGS	g 160	Mix the whole eggs with the sugar.	



CASTER SUGAR	g 125	Mix the starch with the water.
CORNSTARCH	g 55	Mix together both mixture with the blender until smooth texture.
WATER	g 100	Add 400 gr of mango puree and start cooking gently until boiling point. Cook for 3
MANGO PURÉE	g 540	minutes to make sure the starch is completely cooked.
		Add the remaining defrosted puree (200 gr) mixing well.
		Place into a tray, cover and cool down rapidly at 4°C.
		Before use, take the fruit custard out of the fridge and mix until smooth consistency.

CRUNCHY CREAM

INGREDIENTS

CHOCOCREAM CRUNCHY TROPICAL g 20

Step 4

INGREDIENTS

COVERDECOR PISTACCHIO g 175
CHOCOCREAM PISTACCHIO g 75

FINAL COMPOSITION

Fill the croissants with mango cream and tropical crunchy cream.

Glaze the croissants with the pistachio frosting.

Decorate with pistachio and with Dobla's CURVY LEAF GREEN.

