

SICILIAN TARTLET

Pistachio and citrus tartet (Doses for 50 tartlets)

DIFFICULTY LEVEL

ALMOND SHORTCRUST

INGREDIENTS

TOP FROLLA	
UNSALTED BUTTER 82% FAT	
EGGS	
AVOLETTA	

PREPARATION

- g 1400 Mix all the ingredients in the planetary mixer with the flat beater.
- g 375 Roll the shortcrust between two baking papers and laminate it to the thickness of 3 mm
- g 225 and put to rest in the refrigerator. Line the micro perforated molds for single portion
- g 300 tartlets with 7 cm diameter.

Bake in a convection oven at 170° C for the first 5 minutes, then lower the temperature at 160° C for 10-13 more minutes with open valve.

CRISPY LAYER		
INGREDIENTS		PREPARATION
PRALIN DELICRISP PISTACHE - HEATED AT 35°C	To Taste	Heat PRALIN DELICRISP PISTACHE at 35°C.



CITRUS FRUITS CUSTARD		
INGREDIENTS		PREPARATION
MILK 3.5% FAT	g 1000	Mix with the whisk the cold yolk, SOVRANA and 100g of milk.
SUGAR	g 300	Bring to a boil the remaining part of the milk with the sugar and lemon and orange
SOVRANA	g 80	zest. Add the mixture to it and continue cooking until boiling again
EGG YOLK	g 100	
GRATED LEMON ZEST	To Taste	
GRATED ORANGE ZEST	To Taste	
FRUIT INSERT		
INGREDIENTS		
FRUTTIDOR ARANCIA	To Taste	
CREAMY TOPPER		
INGREDIENTS		PREPARATION
CHOCOCREAM PISTACCHIO	To Taste	Fill the silicone molds TRB02 Silikomart for 3/4and put in the shock freezer until cool.

FINAL COMPOSITION

Using a little spatula or a kitchen brush, spread a fine layer of PRALIN DELICRISP PISTACHE into each internal surface of the tartlet. This will protect the crunchiness of the tartlet. Fill the tartlet making two equal layers, one of FRUTTIDOR ARANCIA and the other one of citrus custard cream. Unmold the creamy topper and place it on the tartlet's surface. Decorate with chopped pistachios and DOBLA CHOCOLATE ORANGE.





RECIPE CREATED FOR YOU BY ANTONIO LOSITO

PASTRY CHEF AND GELATO MAKER

