

# PUFF PASTRY

## INGREDIENTS

GRANSFOGLIA	g 1000
COLD WATER	g 450-480
BUTTER-PLATTE	g 700

### PREPARATION

-Knead GRANSFOGLIA and water for 5/8 minutes until the dough is still not very smooth.
-Leave to rest in the refrigerator overnight, well covered.
-Then start with the folds using the butter dish.
-Proceed with two 4-folds and leave to rest, well covered in the refrigerator, until the
dough is relaxed. (approximately 45min)
-repeat the same folds twice, until you obtain six folds of 4, leave to rest for an hour in
the refrigerator.
-roll the puff pastry to 2mm and leave to rest for 45 minutes in the fridge.
- butter 10cm diameter, 4cm high molds and cover with granulated sugar, make strips
3cm high and 35cm long and line the moulds, leave to rest for 15/20min at room
temperature.
-place a buttered ring with a diameter of 6cm and a height of 4cm in the center of the
ring with the pastry and pre-cook at 160°C for 18min.

-take out of the oven and remove the puff pastry from the rings.

### **HAZELNUT CRUMBLE**

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HEIDICAKE	
UNSALTED BUTTER 82% FAT	
EGGS	
ALL-PURPOSE FLOUR	
CASTER SUGAR	

#### PREPARATION

g 65 g 20

- g 250 -Mix all the ingredients in a planetary mixer with paddle attachment at medium speed,
- g 75 until you obtain a "grainy" structure.
- g 50 -Line the bottom of the puff pastry rings with the hazelnut crumble.

### **PASTIERA FLAN**

INGREDIENTS
FULL-FAT MILK (3,5% FAT)
LIQUID CREAM 35% FAT
CASTER SUGAR
EGGS
EGG YOLK
SOVRANA
UNSALTED BUTTER 82% FAT
JOYPASTE VANIGLIA MADAGASCAR/BOURBON
PASTA FRUTTA ORO ORANGE - CESARIN
CANDIED ORANGE PASTE
ORANGE BLOSSOM WATER
- COOKED WHEAT
CANDIED ORANGE - SHREDDED

#### PREPARATION

g 700 -Bring the milk with all the aromas to the boil in a saucepan g 200 -In the meantime, create the pastel by beating the eggs, egg yolks and sugar, add the g 170 corn starch and whisk vigorously. g 120 -Pour a small part of boiling milk onto the crayon, then pour it into the saucepan with the g 40 rest of the boiling milk and cook until it reaches 83°C. g 70 -once the cream is cooked, add the candied oranges and the cooked wheat. g 100 - leave to cool in the refrigerator. g 15 - once cooled, heat to 60°C and mix until obtaining a homogeneous consistency and g 10 pour the cream into the puff pastry bottoms up to 3/4 of the bottom and bake in the g 25 oven for 15min at 160°C, 150 for 20min, 15min at 140°C. g 2 - remove from the oven and cool completely. g 120 g 70

## **FINAL COMPOSITION**

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GROUP

Decorate with MINI TULIP EGG ASSORMENT and DAYSY.



# RECIPE CREATED FOR YOU BY **OMAR IBRIK**

PASTRY CHEF



PASTIERA FLAN Page 3 of 3